

Medications for Pregnant Patients

Aches and Pains

Tylenol (avoid aspirin, Motrin, Advil, ibuprofen)

Allergies

Benadryl, Zyrtec, Claritin, Allegra, Flonase (No Nasacort)

Cold Symptoms

Congestion: Mucinex plain or DM

Cough: Robitussin, Nyquil, throat lozenges (DO NOT take medications with phenylephrine or pseudoephedrine)

Constipation

Milk of Magnesia, MiraLAX, Metamucil, Benefiber, Colace

Diarrhea

Imodium AD

Fever

Tylenol

Heartburn

Mylanta or Maalox (liquid works best), Pepcid AC, TUMS, Rolaids

Hemorrhoids

Anusol, Preparation H, Tucks wipes

Nausea and Vomiting

Doxylamine Succinate (Unisom) 12.5 mg which is ½ of the 25 mg tablet PLUS Vitamin B6 25 mg, Ginger Capsules, Emetrol, Benadryl